



SUGGESTED PACKING LIST

These Are Brief Lists For Approved And
Contraband Items for Back On Track Facilities

APPROVED

- ✓ Laundry Pods & Dryer
- ✓ Sheets (50 Count Limit)
- ✓ Prescription
- ✓ Medication (Original Bottles)
- ✓ 7 Clothing Outfits (7 each of: pants/shorts, shirts, underwear, pairs of socks, muscle shirts)
- ✓ Unopened Hygiene Products (Liquid Products Like Body Wash In Clear Containers)
- ✓ 2 Sets of Sneakers/Shoes
- ✓ 1 Pair of Shower Shoes
- ✓ 1 Pair of Lounge Shoes
- ✓ MP3 Players
- ✓ Alarm Clock
- ✓ Books

CONTRABAND

- ✗ Permanent Markers & Colored Pens (Gel)
- ✗ Used Hygiene Products
- ✗ Dice
- ✗ Weapons
- ✗ Hygiene items must be Alcohol-Free/Alcohol cannot be listed as top three ingredients
- ✗ Inappropriate & Offensive Items (clothing, books, photos, and posters)
- ✗ Bluetooth Speakers
- ✗ Outside Food & Drink
- ✗ Tobacco
- ✗ Steel Toe Boots
- ✗ Electronic Toothbrushes
- ✗ Phones
- ✗ Jewelry (exceptions: wedding ring/faith based)